



# Swimming Pool Schedule

January 8 - 28, 2018 (Winter - M/W/F AM preschool lessons)

Bob Snodgrass Recreation Complex  
228 12 Ave SE High River, AB  
www.highriver.ca

(403) 652-4042 - Front Desk

(403) 652-4041 - 24 Hour Info Line (recorded schedule)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane Swim 6 - 8:30 am <small>*2L Tigers Swim 7-8 am</small>					Lane Swim 6 - 7am <b>*NEW</b>	
Aquafit 8:30 - 9:15 am				Shallow Aquafit 8:30 - 9:15 am	Tigers Swim Club 7 - 8:30am	Lane Swim <b>*NEW</b> 8 - 9:30am
Swimming Lessons 9:30 - 11 am	Open Swim 9:30 - 11am	Swimming Lessons 9:30 - 11 am	Open Swim 9:30 - 11 am	Swimming Lessons 9:30 - 11 am	Swimming Lessons 9am - 12pm  <b>***TIME CHANGE***</b>	Swimming Lessons & Leadership Courses 9:30 - 11am
Aquafit 11:15 am - 12:00 pm	Aquatic Wellness & Lane Swim (3L) 11:15 am - 12:00 pm	Aquafit 11:15 am - 12:00 pm	Aquatic Wellness & Lane Swim (3L) 11:15 am - 12:00 pm	Deep Aquafit 11:15 am - 12:00 pm		Lane Swim 11am - 1:30pm* (2L leadership courses until 1pm)
Lane Swim 12 - 1pm			Swimming Lessons 1 - 3pm	Aquahealing 1:15 - 2pm	Lane Swim <b>*NEW</b> 12 - 1:30pm	Open Swim 1:30 - 4pm
Lane Swim 3 - 4pm					FREE Open Swim 1:30 - 4pm  <b>***DAY CHANGE***</b>	
Tigers Swim Club 4 - 5:30pm						
Open Swim 5:30 - 7pm	Swimming Lessons 5:30 - 7:30 pm	Swimming Lessons 5:30 - 7pm	Swimming Lessons 5:30 - 7:30 pm	Toonie Swim 5:30 - 8:30 pm		
Prairie Dolpins Water Polo 7 - 8:30 pm	Aquafit 7:45 - 8:30 pm	Prairie Dolphins Water Polo 7 - 8:30 pm	Aquafit 7:45 - 8:30 pm			
Lane Swim 8:30 pm - 9:30 pm						

## NOTE:

- \*Facility admissions rates (approved by Council) are changing January 1, 2018. Please see the front desk for details. This includes a \$0.50 surcharge for aquafitness classes (a program) including passes renewed in 2017.
- \* The next period for the public swim schedule will be January 29 - March 4, 2018.
- \*The Cargill Wibit will be available for use on Sunday, January 21 only.
- \* Reminder: children under the age of 8 must be supervised by a responsible person 12 years or older in the water.
- \* The public swim schedule is subject to change without notice - please ask to join our email list.
- \* Please note that "Family Swim" and "Public Swim" have now been replaced with the name "Open Swim." This name standardizes drop-in programs across the BSRC. The space remains unchanged - all amenities (slide, diving board, swing rope) and equipment are available during Open Swim. Lifeguards will monitor and enforce facility rules.
- \* Registration for Winter 2018 (January - March) swimming lessons is ongoing.
- \* L = lanes of pool space
- \*Private pool rentals are booked 3-4 weeks in advance. Please book early to avoid disappointment.