



Nicholas Sheran Leisure Centre January 1 - 31 Schedule



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Swim	10:00-11:30am 1:00-3:30pm	9:00-11:30am 1:00-3:30pm	10:00-11:30am 1:00-3:30pm	9:00-11:30am 1:00-3:30pm	10:00-11:30am 2:00-4:30pm		1:00-3:30pm
	Jan 2 - 18 Extended Open Swim (Mon-Thu) 1 - 5pm						
	6:30-8:00pm	6:30-8:00pm	6:30-8:00pm	6:30-8:00pm	5:30-7:00pm	2:30-5:30pm	4:30-7:00pm
Aquatic Renewal for Chronic Pain					1:00-2:00pm		
Senior Swim (\$1.00)					4:30-5:30pm		
Condition Swim	11:30-1:00pm	11:30-1:00pm	11:30-1:00pm	11:30-1:00pm	11:30-1:00pm	12:00-1:00pm	3:30-4:30pm
	Jan 2 - 18 Cond Swim (Mon-Thu) 5:00 - 6:30pm						
	8:45-9:30pm	8:45-9:30pm	8:45-9:30pm	8:45-9:30pm	7:00-8:00pm	5:30-6:30pm	7:00-8:00pm
AquaFit	9:00-10:00am		9:00-10:00am		9:00-10:00am		
	8:00-8:45pm	8:00-8:45pm	8:00-8:45pm	8:00-8:45pm			
Family Swim						1:00-2:30pm	
Lessons <small>Begin Jan 22, 2018</small>		9:15-11:15am		9:15-11:15am			
	No Classes Feb 17 & 19						
	3:30-6:30pm	3:30-6:30pm	3:30-6:30pm	3:30-6:30pm		9:00-12:00pm	
Fitness Area & Hot Tub	9:00am-9:30pm	9:00am-9:30pm	9:00am-9:30pm	9:00am-9:30pm	9:00am-8:00pm	12:00-6:30pm	1:00-8:00pm

Pool space may be shared at any time

Holiday Hours

Dec 24	Christmas Eve	12 - 4pm	Regular Program until 4pm
Dec 25	Christmas Day	Closed	
Dec 26	Boxing Day	1 - 4pm	Open Swim
		4 - 5pm	Cond Swim
Dec 31	New Years Eve	12 - 4pm	Regular Program until 4pm
Jan 1	New Years Day	Closed	



Lessons - Winter 2018 Session

There is still availability in some classes for the Winter 2018 Lesson Session. If you are unsure as to what level to register your child in we offer assessments. Contact the pool for details.

Additional Condition Swim and Open Swim

Additional Condition Swim: 5:00 - 6:30pm Mon - Thu until lessons begin on Jan 22

Extended Open Swim: 1:00 - 5:00pm Tue & Thu until lessons begin on Jan 22

Happy New Year

We sincerely hope that everyone had a great holiday season and we wish all our patrons a Happy New Year in 2018



Visit the City of Lethbridge web site at
www.lethbridge.ca/leisure
for more Aquatic information.

401 Laval Boulevard West / Phone: 320-3046